

Lunch MENU

Monday

Soup

Minestrone Soup

Bread of the Day

Sunflower Seed Bread

Main Event

Smoked Ham and Mushroom Linguine

Meat Free

Summer Vegetable Curry with Jasmine Rice and Raita

And to go with

Warm Homemade Garlic Bread
Roasted Carrots
Steamed Broccoli

Pudding

Rhubarb Oat Topped Crumble With Custard

Treat

Individual Jelly Pots

Tuesday

Soup

Field Mushroom Soup

Bread of the Day

Wholemeal Bread

Main Event

Low and slow cooked Beef Chilli with Sour Cream and Noodles

Meat Free

Roasted Butternut Squash, Feta and Pea Shoot Wraps

And to go with

Basil infused New Potatoes
Fresh Spring Greens

Pudding

Zesty Orange Iced Sponge Fingers

Treats

Chocolate and Passion Fruit Brownie Bites

THURSDAY

Soup

Soup of the Day

Bread of the Day

Fresh Basil Bread

Main Event

Roasted Chicken with Apricot Stuffing and Gravy on the side

Meat Free

Chick Pea, Spinach and Quorn Stew with Toasted Ciabatta

And to go with

Mini Roasted Potatoes
Pan Fried Courgettes
Baton Carrots

Pudding

Fresh Fairtrade Banana and Blueberry Muffin

Treats

Chocolate Mousse

AVAILABLE DAILY

Toasted Panini
Jacket Potato
Homemade Cakes
Sandwiches and Baguettes
Freshly made Salads
Smoothies
Yoghurt
Fresh Fruit

Friday

Soup

Homemade Fresh Tomato and Chilli Soup

Bread of the Day

Olive Bread

Main Event

MSC Haddock in Batter with a Lime Mayo

Meat Free

Mexican Bean and Vegetable Chilli with Sour Cream and Tacos

And to go with

Chunky Chips
New Potatoes
Gardens Peas
Mange Tout

Pudding

Summer Berry Fool with Crushed Meringue

Treats

Individual Cheesecake

Wednesday

Soup

Fresh Tomato Soup

Bread of the Day

Fresh Herb Bread

Main Event

Fresh Turkey and Spinach Lasagne

Meat Free

Roasted Stuffed Peppers with Stir Fried Vegetable Rice

And to go with

Pan Fried Courgettes
Roasted Root Vegetables

Pudding

Fruity Ice Cream with Fruit Sauce

Treats

Banoffee Pie

our awards!



Lunch MENU

Monday

Soup

Fresh Carrot and Cumin Soup

Bread of the Day

Poppy Seed Bread

Main Event

Creamy Chicken and Asparagus
Summer Bake

Meat Free

Pasta tossed in Nut Free Pesto
and Tender Stem Broccoli

And to go with

Baby New Potatoes
Buttered Sweetcorn
Sautéed Leeks

Pudding

Blueberry and Chocolate Waffles

Treat

Sultana Flapjacks

Tuesday

Soup

Tomato and Basil Soup

Bread of the Day

Roasted Onion Bread

Main Event

Juicy Pork Sausages
with a Red Onion Gravy

Meat Free

Homemade Vegetable
Lasagne with Garlic
Bread

And to go with

Baby New Chive
Potatoes
Roasted Squash
Fresh Cauliflower

Pudding

Dutch Apple Pie
with Vanilla Cream

Treats

Individual Tiramisu

THURSDAY

Soup

Welsh Leek and Potato
Soup

Bread of the Day

Wholemeal Loaf

Main Event

British Beef and
Vegetable Balti served
with Coriander Rice and
Naan

Meat Free

Summer Courgette
Risotto

And to go with

Steamed Rice
Fresh Broccoli
Cumin Carrots

Pudding

Fruity Cupcake Bar

Treats

Individual Jelly Pots

AVAILABLE DAILY

Toasted Panini
Jacket Potato
Homemade Cakes
Sandwiches and Baguettes
Freshly made Salads
Smoothies
Yoghurt
Fresh Fruit

Friday

Soup

Winter Vegetable Soup

Bread of the Day

Rustic Bread

Main Event

Pan Fried Cod Fillet with Summer Salsa

Meat Free

Egg Noodles Stir Fried
with Tofu and Hoi-Sin

And to go with

Grilled Tomatoes
Minted Mushy Peas
Chunky Chips

Pudding

Carrot Cake with a Zesty Frosting

Treats

Individual Fruit Trifle

Wednesday

Soup

Cauliflower Soup

Bread of the Day

Cheesy Bread

Main Event

St Martha's Grilled
Chicken Burger with
Chipotle Mayo

Meat Free

Field Mushrooms and
Broad Beans served on
crispy Ciabatta

And to go with

Roasted Cajun Wedges
Caesar Salad
Crunchy Slaw

Pudding

Goey Banana Bread
with Whipped Cream

Treats

Rice Krispie Square

our awards!



Lunch MENU

Monday

Soup

Pea and Mint Soup

Bread of the Day

Rosemary Bloomer

Main Event

American Mac and Cheese
with Crispy Bacon and Sweet Potato

Meat Free

Roasted Vegetable wrapped
in a Spinach Burrito

And to go with

Big Bowl Caesar Salad
Fresh Carrots and Mange Tout

Pudding

Baked Rice Pudding with Fruit Sauce

Treat

Goey Apricot Flapjack

Tuesday

Soup

French Onion Soup

Bread of the Day

Multi-Seed Bread

Main Event

Red Thai Turkey Curry
with a Jasmine Tea Rice

Meat Free

Braised Leek and Goats
Cheese Puff Slice

And to go with

Warm Potato Salad
Sweetcorn with
Roasted Peppers

Pudding

Cinnamon Sugared
Doughnuts

Treats

Winter Eaton Mess

THURSDAY

Soup

Tomato and Basil Soup

Bread of the Day

Wholemeal Bread

Main Event

Sausage and Mushroom
Wellington

Meat Free

Stir Fried Vegetable
Noodles with Quorn and
Soy Sauce

And to go with

Creamy Mashed Potato
Fresh Savoy Cabbage
Steamed Cauliflower

Pudding

Mixed Berry Muffin Cake
Slice

Treats

Peach Fool

Wednesday

Soup

Watercress Soup

Bread of the Day

Rustic Bread

Main Event

Piri Piri Chicken Escalope
with Chilli and Mango
Salsa

Meat Free

Spanish Vegetable and
Quorn Paella with Basil Oil

And to go with

Mini Roasted Potatoes
Pan Fried Courgettes
Baton Carrots

Pudding

Chewy Chocolate
Orange Flapjack

Treats

Jelly Jewels

AVAILABLE DAILY

Toasted Panini
Jacket Potato
Homemade Cakes
Sandwiches and Baguettes
Freshly made Salads
Smoothies
Yoghurt
Fresh Fruit

Friday

Soup

Spiced Chick Pea and Lemon Soup

Bread of the Day

Thyme Spiked Bread

Main Event

Crispy Battered Pollock with Lemon and Dill Mayo

Meat Free

Free Range Egg Tart with Stilton,
Spinach and Shallots

And to go with

Chunky Chips
Minted New Potatoes
Roasted Butternut Squash

Pudding

Banana Loaf with Whipped Cream

Treats

Vanilla Cheesecake

our awards!

